



# Kinesiology College of Ireland

## Changing Lives

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### Kinesiology Diploma Course 2020-22(Year 1)

All courses will take place in Friar Street, Cashel

#### 2020

Sept 12/13	Touch for Health 1	Ger Casey
Oct 10/11	Touch for Health 2	Ger Casey
Nov 14/15	Touch for Health 3	Ger Casey
Dec 12/13	Touch for Health 4	Ger Casey

#### 2021

Jan 2/3	Stress Release 1& 2	Ger Casey
Jan 23/24	Practice Days	Ger Casey
Feb 13	Stress Release 3	Ger Casey
Feb 14	Energy Centers	Ger Casey
Mar 13/14	Stress Release 4	Ger Casey
Apr 10/11	Nutritional Theory	Sandra O'Connell
May 1/2	Anatomy & Physiology	Sandra O'Connell
May 22/23	TFH Metaphors	Ger Casey
Jun 12/13	TFH Proficiency	Ger Casey
Jun 26	Exams & Practicals	