



Kinesiology College of Ireland

Changing Lives

8 Togher Crescent, Urlingford Co. Kilkenny

Ph: +353 87 6168427

Email: ger@kinesiologycollege.com

www.kinesiologycollege.com

Year 1

Touch for Health 1 -4

TFH Workbook

Stress release 1-4

Energy Centres,

TFH Metaphors

Nutritional Testing,

Proficiency TFH

Year 2

Allergies

Biokinetic Exercises

Personality Traits.

Colour for Health (Sensational Kinesiology)

Clinical Methodology 1 & 2

Core subjects:

Year 1

Anatomy & Physiology

Nutritional Theory

Year 2

Pathology (Nutritional Physiology) 1 & 2

Practice Management Communication Skills

Practice management, business skills

Infectious diseases.

Case histories on 5 people, following through on different methods and course, 5 case studies for every day in class, except for TFH which has a workbook to be completed before proficiency.

A & P assignments as given.

Nutrition assignments as given.

5 days spent in clinic with Ger shadowing, 5 sessions performed on clients in front of Ger. These can be done at the end of each practice day.

Total Hours of Kinesiology 320 (216 year 1 & 104 in Year 2)

Total hours of Core 317 (232 year 1 & 85 year 2)

Total number of case studies 125 (not including the TFH workbook) credit hours 125

Total hours credit for the TFH Workbook 60

Credit for clinic sessions 5 hours.

Credit for clinic days 40 hours.

Total credit hours at the end of 2 years, 767 hours.

Advance Diploma (1 year).

Over Coming Adversity
Weight Loss
Digestive systems
Understanding Personality
Advanced Biokinetics
Overcoming Addictions
Eight Extra meridians
PRANA 2 & 3
TFH Training workshop
Stress Release Training Workshop.

The advanced diploma is 280 class room hours, plus case studies 165 hours in one year giving another 429 hours bringing the three years to 1212 hours.

This would allow the participant to gain an international Professional Kinesiologist status with the International Kinesiology College and with the International Association of Specialist Kinesiologist.