



# Kinesiology College of Ireland

## Changing Lives

Friar St., Cashel, Co. Tipperary,

Ph: +353 87 6168427

Email: [ger@kinesiologycollege.com](mailto:ger@kinesiologycollege.com)

[www.kinesiologycollege.com](http://www.kinesiologycollege.com)

### Kinesiology Diploma Course 2019-21 (Year 1)

All courses will take place in Friar Street, Cashel

#### 2019

Sept 14/15	Touch for Health 1	Diploma module
Oct 12/13	Touch for Health 2	Diploma module
Nov 9/10	Touch for Health 3	Diploma module
Dec 14/15	Touch for Health 4	Diploma module

#### 2020

Jan 4/5	Stress Release 1& 2	Diploma module
Feb 1	Stress Release 3	Diploma module
Feb 2	Energy Centers	Diploma module
Feb 29/Mar	Stress Release 4	Diploma module
Apr 4/5	Nutritional Theory	Diploma module
Jan 25	Practice days	Diploma module
May 2/3	Anatomy & Physiology	Diploma module
May 9/10	TFH Metaphors	Diploma module
Jun 6/7	TFH Proficiency	Diploma module
Jun 28	Exams & Practical	